

# SOUTHWEST VEGGIE STUFFED SANDWICHES 1911R

## Brown Rice, Black Beans & Veggies with a Salsa Sauce in a Golden Crust



Number of Servings: 2

Serving Size One Sandwich: 4.5oz (128g)

Case - Net Weight: 3.38lb, Gross Weight: 4.20lb, Dimensions: L: 13.50" x W: 6.50" x H: 4.38," Cube:0.22'

Pallet - TIH: 21/15 = 315 Cases

### Nutrition Facts

2 servings per container  
**Serving size 1 Sandwich (128g)**

Amount per serving  
**Calories 240**  
 % Daily Value\*

<b>Total Fat</b> 5g	<b>6%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 300mg	<b>13%</b>
<b>Total Carbohydrate</b> 45g	<b>16%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 7g	
Includes 5g Added Sugars	<b>10%</b>
<b>Protein</b> 5g	
Vitamin D 0mcg	<b>0%</b>
Calcium 192mg	<b>15%</b>
Iron 2mg	<b>10%</b>
Potassium 95mg	<b>2%</b>

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients are subject to change at the manufacturer's discretion. For the most complete and up-to-date list of ingredients, please refer to the product packaging.

### Ingredients:

WATER, FIRE ROASTED SALSA (VINE RIPENED TOMATOES, TOMATO PUREE, DICED JALAPENO PEPPERS, DICED ANAHEIM PEPPERS, SALT, DEHYDRATED ONIONS, SPICES, DEHYDRATED GARLIC, ACETIC ACID AND CALCIUM CHLORIDE), MILLET FLOUR, BROWN RICE FLOUR (RICE, STABILIZED RICE BRAN), GLUTEN SUBSTITUTE (RICE FLOUR, CORN STARCH, MALTODEXTRIN, PEA FIBER, GUAR GUM), CORN, COOKED BLACK BEANS, BROWN RICE, SUNFLOWER OIL, SUGAR, GREEN CHILES (GREEN CHILE PEPPERS, WATER, SALT, CITRIC ACID, CALCIUM CHLORIDE), LIGHT AMBER HONEY, SOUTHWEST STYLE SEASONING (SPICES, RED CHILI POWDER, PAPRIKA, SALT, GARLIC POWDER, CITRIC ACID, CONTAINS 2% OR LESS SILICON DIOXIDE [ANTI-CAKING]), RICE FLOUR, XANTHAN GUM, YEAST, ONION POWDER, CORNMEAL, BAKING POWDER, FOOD STARCH MODIFIED, PIZZA SEASONING (SUGAR, SEA SALT, DEHYDRATED GARLIC, DEHYDRATED ONION, OREGANO LEAF, BASIL LEAF, ANISE, WHITE PEPPER, BLACK PEPPER, PARSLEY LEAF, RED PEPPER SEED, TURMERIC, CANOLA OIL), BBQ FLAVORED TOPICAL SEASONING (MALTODEXTRIN, SUGAR, TOMATO POWDER, CHILI POWDER, PAPRIKA, PAPRIKA EXTRACT, CITRIC ACID, NATURAL SMOKE FLAVOR, SPICE, CONTAINS 2% OR LESS SILICON DIOXIDE [ANTICAKING]).

### Allergens:

CONTAINS: N/A

### Preparation & Handling Instructions:

KEEP FROZEN - DO NOT THAW

#### COOKING INSTRUCTIONS:

**CONVENTIONAL OVEN:** Preheat oven to 350°F. Unwrap one frozen sandwich and discard wrapper. Bake for 28-30 minutes. Let stand 2 minutes. CAUTION: PRODUCT WILL BE HOT. Check that sandwich is cooked thoroughly.

**MICROWAVE OVEN:** Unwrap one frozen sandwich and discard wrapper. Place sandwich on microwave safe plate. Microwave High 1 minute 50 seconds. NOTE: Microwaves below 1100 watt may require additional cook time to reach proper temperature. Let stand 2 minutes. CAUTION: PRODUCT WILL BE HOT. Check that sandwich is cooked thoroughly.

\*Oven temperatures may vary, cook to an internal temperature of 165°F.

### Shelf Life:

Shelf life of product is 300 days when frozen.

7/19/17



S&F Foods, Inc.  
 29411 Beverly Rd | Romulus, MI 48174  
 P: 734.728.1600  
 www.sffoodsinc.com

